

Oakhill Church School Anti-Bullying Charter

We think that everybody in our school has the right to feel safe and this is how we will do it:

- ❖ Treat other people the way that you want to be treated
- ❖ Be a good friend
- ❖ Notice if somebody is alone or on the friendship bench and talk to them
- ❖ Don't ignore bullying
- ❖ Include people
- ❖ Use kind words
- ❖ Share with others
- ❖ Make people feel welcome
- ❖ Support each other
- ❖ Speak to an adult if you are feeling sad or see something you don't like
- ❖ Think before you speak because words can be hurtful
- ❖ SMILE!

We understand that bullying is an unfair use of power, which is done on purpose and keeps happening. It might be one of the following:

Year 1	Making people unhappy, making fun of people. Not just hurting people, it's saying things as well. Pinching, punching and kicking.
	All of the above +
Year 2	Not playing with others and leaving them out. Aggravating someone over a long time. Breaking something that is special. Making faces, name calling – including their family. Laughing at them or their work. Spoiling their games and their work. Staring or blaming them all the time.
	All of the above +
Year 3	Name calling, swearing. Whispering or ignoring someone. Ganging up on someone or spreading rumours. On-going threatening behaviour.
	All of the above +
Year 4	Constantly annoying the same person, tripping people up, pinching and slapping them. Head-butting and biting. Staring at people and giving them dirty looks and smirking. Winding the same person up by teasing and making fun of their families. Leaving people out or spreading rumours. Persistent threatening or whispering about them.
	All of the above +
Year 5	Damaging other people's property or physically hurting them. Name calling, leaving someone out or blackmailing them. Stealing or hiding things. Taking over someone's friends or spreading rumours or threatening them. Whispering things about them or writing graffiti about them.
	All of the above +
Year 6	Making fun over clothing or the way someone looks. Phone harassment or threats. Non-stop nasty teasing, non-stop physical harm (pinching, hair-pulling, tripping, pushing). Non-stop name-calling or insulting family or home. Damaging or stealing property over and over again. Isolating someone or mimicking them. Belittling – making someone feel small or unimportant. Trapping someone in a place they don't feel safe.

We decided that the best thing to do if you were bullied, or witnessed someone being bullied, was to tell.

WHO?

Tell someone you trust

- A teacher
- A TA
- Dinner staff
- A friend
- Someone in your family
- The Head Teacher

WHAT?

Tell what you know, not what you think you know

- What happened
- Who was involved
- When it happened

HOW?

Telling takes two minutes

- Discretely
- Quietly
- Privately
- Seriously
- Write it down
- Ask an adult for 'two minutes of their time'

We know that that best thing to do if you are bullied or witness bullying is to tell

What will happen if you do?

<u>If someone is being bullied</u>	<u>What can we do?</u>
Support them	By being their friend, partnering them, sitting next to them and playing with them.
Give them attention	Spend time with them and make them feel included.
Give them privacy	Let the person talk privately about what has happened. Wait to be asked – don't be nosey!
Help them realise it's not their fault	Don't blame them or say that they asked for it.
<u>After someone has told</u>	<u>What will happen?</u>
An adult will speak to the child being bullied.	The adult will talk about what has happened and what will happen next. They will be asked if they want to speak to the people doing the

	bullying or if they want the adult to say it and whether they want to be present at the time.
The person doing the bullying will be spoken to	They will be made aware of how they have made someone else feel, either by the teacher or the person being bullied.
The person/people involved may not realise what they have been doing, they have a chance to change their behaviour.	
The person/ people doing the bullying will be helped to make the right choices.	They will be given opportunities to help and be kind. They will also have an adult that they can 'check in' with to make sure they have made good choices.
The person being bullied will have a trusted adult who will monitor how things are going.	They will be able to choose who their trusted adult is. They will meet with this person to tell them how things are going and if the person/people doing the bullying have now stopped.
Parents will be told	Parents will be invited in to school to talk about what is happening to support the bully and the person being bullied.
What happens if the person/people carry on bullying?	
If during the meeting with the trusted adult the person who has been bullied complains that it is still happening the following will happen:	The teacher involved will talk to them and find out if it is still going on and why their behaviour has not changed.
	Have a meeting with HT/ AHT, the parents and the person doing the bullying.
	Put them on a daily behaviour plan.